

**CURRICULUM**  
**DIPLOMA IN MIDWIFERY PROGRAM**  
**FIRST YEAR**

*1<sup>st</sup> Semester*

Subjects	Lec.	Lab.	Clinical Practicum	Units
English 1 (Communication Skills)	3	-	-	3
Filipino 1 (Sining ng Pakikipagtalastasan)	3	-	-	3
Philosophy of Human Person	3	-	-	3
Math 1 (College Algebra)	3	-	-	3
General Zoology	2	1	-	
Midwifery 100 (Foundation of Midwifery Practice)	3	-	-	3
CP 100	-	-	3	3
P.E. 1	2	-	-	2
NSTP – 1	3	-	-	3
				26

*2<sup>nd</sup> Semester*

Subjects	Lec.	Lab.	Clinical Practicum	Units
English 2 (Speech and Oral Communication)	3	-	-	3
Filipino 2	3	-	-	3
General Psychology	3	-	-	3
Human Anatomy & Physiology	3	2	-	5
Midwifery 101 (Normal OB, Immediate Care of the Newborn)	3	-	-	3
Logic & Critical Thinking	3	-	-	3
CP 101-A	-	-	3	3
P.E. 2	2	-	-	2
				25

**Summer**

*1<sup>st</sup> Semester*

Subjects	Lec.	Lab.	Clinical Practicum	Units
Nutrition & Dietetics	3	-	-	3
Sociology & Anthropology	3	-	-	3
CP 101-B	-	-	1	1
NSTP-2	3	-	-	3
				10

## SECOND YEAR

### *1<sup>st</sup> Semester*

Subjects	Lec.	Lab.	Clinical Practicum	Units
Principles, Methods & Strategies of Teaching in Health Education	3	-	-	3
Information Technology	3	-	-	3
Microbiology & Parasitology	3	1	-	4
Midwifery 102 (Pathologic OB, Basic Gynecology, FP Technology Care of Infants & Feeding)	3	-	-	3
CP 102-A	-	-	6	6
Primary Health Care I	4	-	-	4
CP PHC 1	-	-	3	3
P.E. 3	2	-	-	2
				28

### *2<sup>nd</sup> Semester*

Subjects	Lec.	Lab.	Clinical Practicum	Units
Life, Works & Writings of Rizal	3	-	-	3
English 3 (Technical Writing)	3	-	-	3
Health Economics with TLR	3	-	-	3
Philippine Governance & Constitution	3	-	-	5
Midwifery 103 (Prof. Growth & Development an Bio-Ethics)	3	-	-	3
Primary Health Care 2	3	-	-	3
CP PHC	-	-	2	2
CP 102-B	-	-	7	7
P.E. 2	2	-	-	2
				29

Upon completion of the above program, the graduate shall be conferred the title of Graduate Midwife and shall be eligible to take the licensure examination. Likewise, the registered midwife may be admitted to the BS Midwifery Program.

## SUMMARY OF UNITS

Graduate in Midwifery

118

<b>I. General Education (GE) courses:</b>	<b>59</b>
<b>A. Language and Humanities -----</b>	<b>21 units</b>
English 1(Comm. Skills 1).....	3
English 2(Comm. Skills 2).....	3
English 3(Technical Writing.....	3
Filipino 1(pakikipagtalastasan).	3
Filipino 2(Panitikan).....	3
Logic (Critical Thinking).....	3
Philosophy of Human Person....	3
<b>B. Mathematics, Natural Sciences &amp; Information Technology-----</b>	<b>9 units</b>
Math 1 (Algebra) .....	3
General Zoology .....	3
Information Technology .....	3
<b>C. Social Sciences -----</b>	<b>9 units</b>
General Psychology .....	3
Socio-Anthropology w/ STS .....	3
Health Economics .....	3
<b>D. Mandated Subjects -----</b>	<b>6 units</b>
Phil. Government .....	3
Rizal .....	3
<b>E. Physical Education -----</b>	<b>8 units</b>

PE 1 .....	2
PE 2 .....	2
PE 3 .....	2
PE 4 .....	2

**F. NSTP ----- 6 units**

NSTP 1 .....	3
NSTP 2 .....	3

**II. Core Courses 22**

Primary Health Care 1 -----	4
Primary Health Care 2 -----	3
Anatomy & Physiology -----	5
Micro & Parasitology -----	4
Teaching Strategies in Health Educ. –	3
Nutrition -----	3

**III. Professional Courses 37**

M 100 -----	3
M 101 -----	3
M 102 -----	3
M 103 -----	3

## Description of Courses

### I. Core/Professional Courses

#### A. Language and Humanities

##### English 1 – Communication Skills I

Basic skills of listening, speaking, reading and writing. (3 units)

##### English 2 – Communication Skills II

Intermediate skills of listening, speaking, reading and writing.

Pre-requisite:

### Filipino 1 – Sining ng Pakikipagtalastasan

Listening, speaking, reading and writing. (3 units)

### Filipino 2 – Panitikang Pilipino sa Iba't-ibang Disiplina

From its beginning in folk tradition, through colonial periods to the present; to be taught in Pilipino. (3 units)

### Philosophy of a Human Person

An inquiry into man as a person and his existence in the world with emphasis on the Filipino in the context of his culture and society.

(3 units)

### Logic and Critical Thinking

Introduces the science of correct reasoning by way of critical and creative thinking. (3 units)

## **B. Mathematics, Natural Sciences, and Information Technology**

### Mathematics 1 – College Algebra

The real number system, algebraic expressions and operations; relations, functions and their graphs; absolute value, equations and linear inequalities; applications; radicals and exponents; systems of linear and quadratic equations; applications; polynomial equations. If and whenever possible calculator/computer techniques shall be used. (3 units)

### Computer Education

The course intends to provide the students with an introduction into the internal components and interrelated function of a computer systems, what it can and can not do and how it can assist in the solution of data processing problems. It will also include another discussion on the impact of computers in society and the attending computer issues, now and in the future. (3 units)

#### Natural Science – General Zoology

The branch of biology that focuses on the structure, function, behavior, and evolution of animals.

### C. Social Sciences

#### General Psychology

The course aims to give the students an understanding of contemporary approaches to the analysis and treatment of complex human behavior. It focuses on man as he acts and interacts with his environment, includes such topics as nature of perception, learning, memory, intelligence, motivation, personality, and social psychology in the Philippine setting. (3 units)

#### Socio-Anthropology w/ STS

An introduction to the basic concepts in Sociology and Anthropology stressing man's interrelationship with other men and also his environment. Basic to the course is the study of culture and social change. Integrated in this course is the holistic view of how science, technology and society interact with and affect each other. Implications of the interactions to the health status of Filipinos and to the health care profession in the country is emphasized. (3 units)

### Health Economics

Concepts of micro-economics, money and banking, economics growth and development and international economics in relation to health. (3 units)

### **D. Mandated Subjects**

#### Philippine Government

Trends of the growth, organization, functions and working of the government of the Republic of the Philippines. Includes analysis of the constitution. (3 units)

#### Rizal

A study of the biography of Dr. Jose Rizal, a critical view of the social order in which he lived, through an analysis of his works and letters, his opinions on nationalism, government, religion, education, as well as his philosophy of living and the relevance of these ideas to the contemporary Philippine scene. (3 units)

### **E. Physical Education**

P.E. 1 – Self-Testing Activities and Gymnastics

P.E. 2 – Rhythmic and Aquatics

P.E. 3 – Individual and Dual Sport

P.E. 4 – Team Sports

### **F. NSTP**

NSTP 1



## NSTP 2

### **DIPLOMA IN MIDWIFERY**

- Course Name : **M 100 (FOUNDATIONS OF MIDWIFERY PRACTICE)**
- Course Description : The course provides the student with basic/necessary knowledge, skills and acceptable attitudes in the care of individuals and families. It includes comfort measures applied to individual clients and drug administration.
- Course Objectives : At the end of the semester, the students will have acquires knowledge, skills, and attitude in instituting nursing measures including drug administration.
- Course Credits : 3 units
- Contact Hours : 3 hours lectures/wk
- Pre-requisites : None
- Course Outline :
- I. Man
    - A. Characteristics of Man
    - B. Man and His Environment
    - C. Needs of Man
    - D. Basic Rights of Man
  - II. Health and Illness
    - A. Dimensions of Wellness
    - B. Models of Health and Illness

- C. Factors Affecting Health
- D. Stages of Wellness and Illness
- E. Levels of Prevention
- F. Patient's Bill of Rights

### III. Communication

- A. Principles
- B. Types
- C. Elements
- D. Factors
- E. Techniques
- F. Communication process
- G. M-C-I

### IV. Health Care Process

- A. Assessment
  - 1. Data Collection
  - 2. History Taking
  - 3. Physical Assessment
  - 4. Laboratory Exams
- B. Planning
  - 1. Objective Setting
- C. Implementation
  - 1. Preventive Measures
    - 1) Medical Asepsis
    - 2) Body Mechanics
  - 2. Comfort Measures
    - 1) Bed Making
    - 2) Hygiene
    - 3) Massage

4) Heat and Cold Application

5) Rest and Sleep

6) Nutrition and Elimination

3. Common Emergency Condition

1) Principles of Emergency Care

2) Common Emergency Conditions

a. Burns

b. Poisoning

c. Fracture

d. Bleeding

e. Shock

f. Unconsciousness

3) Basic Life Support

a. Artificial Life Support

b. CPR

D. Evaluation

V. Drug Administration

A. Classification of Drugs

B. Factor Influencing Drug action

C. Effects of Drugs

D. Common Abbreviations

E. Types of Medication Order

F. Parts of Drug Order

G. 10 R's of Medication

H. Route of Drug Administration

I. Drugs and Solution

Laboratory & Equipment : Different types of drugs, Resusci Anne, Vital signs set, Physical assessment set, splints, mannequin as model

Texts & References : Kozier, Fundamentals of Nursing, Tungpalan, Fundamentals of Nursing Fuerst and Wolff, Fundamentals of Nursing, Potter, Fundamentals of Nursing

Course Name : **CP-100 (CLINICAL PRACTICUM 100)**

Course Description : The Course develops the students' basic skills in the care of individuals and families.

Course Objectives : At the end of the semester, the students will have developed the necessary competencies in instituting nursing measures including drug administration.

Course Credits : 3 units

Contact Hours : 3 x 51/hr = 153 hours

Pre-requisites : This is taken simultaneous with M-100. The students must pass both M-100 for them to be qualified for higher professional course.

Learning Focus :

I. Data Collection

- A. History taking
- B. Physical Assessment

II. Nursing Measures

A. Preventive

- 1. Aseptic techniques
  - a. Hand washing
  - b. Putting on gloves
  - c. Opening sterile packs

2. Body Mechanics

- a. Positions

B. Comfort measures

- 1. Bed making

2. Hygiene
  - a. Oral care
  - b. Cleansing bed bath
  - c. Perennial Flushing
  - d. Partial bath
  - e. Tub bath
3. Correct massage technique
4. Heat and cold application
5. Rest and sleep
6. Nutrition
7. Elimination
  - a. Inducing urination
  - b. Catheterization

#### C. Common Emergency Measures

1. First Aide for:
  - a. Burns
  - b. Poisoning
  - c. Fracture
  - d. Bleeding
  - e. Shock / unconsciousness
2. Basic Life Support
  - a. CPR

### III. Drug Administration

#### A. Classification

1. Types of medication order

#### B. Routes

#### C. Administration

#### D. Drug and Solutions

Course Name : **M 101 – PRACTICE 1 – MIDWIFERY (OB 1-CARE OF THE NEW BORN)**

Course Description : The course deals with the concepts of normal pregnancy, labor and delivery, puerperium; and the care of the newborn, introduction of concepts related to family planning and responsible parenthood. It includes intravenous insertion, vaginal examination and suturing.

Course Objectives : 1. Discusses the anatomy and physiology of reproductive system.  
2. Discusses the physiology of menstruation.  
3. Identify signs and symptoms of Pregnancy.  
4. Demonstrate skills in performing assessment to pregnant, in labor and post partum mothers.  
5. Demonstrate skills in, vaginal examination, handling normal deliveries, suturing perineal lacerations, and IV therapy.

Course Credits : 3 units

Contact Hours : 3 hrs. lecture/ week

Pre-requisites : M-100 and CP-100

Course Outline :

I. Introduction

A. Definition of Terms

B. Significance Development of Obstetrics

C. Importance of Obstetrics to Midwives

II. Anatomy and Physiology of the Reproductive System

A. Female Reproductive System

B. Male Reproductive System

C. Pelvis

III. Human Sexuality and Sex Health Intervention

A. Physiology of Menstruation

IV. Pregnancy

- A. Signs and Symptoms of pregnancy
- B. Diagnosis of Pregnancy
- C. Fetal Development
- D. Physiologic Changes During Pregnancy
- E. Minor Discomforts of Pregnancy
- F. Preparation for Parenthood
  - 1. The Pregnant Woman
  - 2. The Expectant Father
  - 3. The Expectant Family
- G. Ante Natal Care
  - 1. First Trimester
  - 2. Second Trimester
  - 3. Third Trimester

## V. Labor and Delivery

- A. Theories on the Onset of Labor
- B. Premonitory Signs of Labor
- C. Signs of True Labor
- D. Stages of Labor
  - 1. First Stage of Labor
    - a. Management
      - i. Relief of Pain
      - ii. Therapy
    - b. Phases
  - 2. Second Stage of Labor
    - a. Mechanisms of Labor
    - b. 5 P's of Labor
    - c. Management
  - 3. Third Stage of Labor
    - a. Types of Placental Separation

b. Episiotomy

i. Types of Episiotomy

ii. Repair of Episiotomy

4. Fourth Stage of Labor

VI. Post Partum Period

A. Assessment

B. Systemic Changes During Pregnancy

C. Health Education

1. Perineal Care

2. Episiotomy Care

3. Bowel Eliminations

4. Breast Care and Breast Feeding

5. Nutrition

6. Family Planning Counseling

7. Return Visit

VII. Newborn

A. Immediate Care of the Newborn

1. APGAR Scoring

2. Maintenance of Airway

3. Maintenance of Temperature

4. Bathing

5. Cord Care

Laboratory & Equipment : Pelvic Model, Pelvis Model, Pregnant Mother Model, Newborn Model, IV Fluids, Sutures, DR Set, Suction Apparatus

Texts & References : Pilliteri, Adelle, Maternal and Child Nursing, Mobsy 2003  
Myles Textbook for Midwives  
William Obstetrics



Course Name : **CP-101 – A (CLINICAL PRACTICUM 101-A)**

Course Description : The course deals with the skills in:

- 1) Management of normal pregnancy, labor and delivery, puerperium; and the care of the newborn;
- 2) Counseling in family planning and responsible parenthood; and
- 3) Intravenous insertion, vaginal examination and suturing.

Course Objectives : At the end of the semester, the students will have developed the necessary competencies in the care and management hence, ensuring safety and comfort for both mothers and babies.

Course Credits : 3 units

Contact Hours : 3 x 51/hr = 153 hours

Pre-requisites : CP-100

Learning Focus :

- I. Pregnancy
  - A. Signs and symptoms
    1. Recognition / Early detection of abnormalities
  - B. Diagnosis
  - C. Physiologic changes
  - D. Prenatal care
    1. History taking
    2. Vital signs and weight taking
    3. Identification of high risk factors
    4. Leopolds Maneuver
    5. Auscultation for FHB
    6. AOG and EDC computation
    7. Immunization
    8. Urine exam for albumin and sugar
    9. Mothers' class
- II. Labor and Delivery
  - A. Signs and symptoms of true labor
    1. Monitoring progress of labor
      - a. Uterine contractions
        - i. Duration
        - ii. Interval
        - iii. Intensity
      - b. Partograph
      - c. Vaginal examination
  - B. Recognition / Early detection of abnormalities
  - C. Procedures

1. catheterization
  2. enema
  3. perennial flushing
- D. Care During the First Stage of Labor
1. Vital signs
  2. Comfort measures
  3. Diet
  4. Positioning
  5. Emotional support
- E. Care During the Second Stage of Labor
1. Draping
  2. Observation of mechanism of Labor
  3. Ritgen's maneuver
  4. Delivery technique
- F. Care During the Third Stage of Labor
1. Observation of the signs of placental separation
  2. Delivery and inspection of the placenta
  3. Injection of oxytocic
  4. Inspection of the perineum
  5. Measure blood loss
  6. Identification and classification of lacerations
  7. Repair of lacerations
  8. Perennial flushing
  9. After care
- G. Immediate Care of the New Born
1. Apgar Scoring
  2. Suctioning of mucous
  3. Maintain body temperature
  4. Bonding
  5. Cord dressing
  6. Eye prophylaxis
  7. Rectal temperature taking
  8. Identification
  9. Vitamin K injection
  10. BCG administration
  11. Anthropometric measurement
  12. Newborn screening
  13. Registration of Birth
- H. Management of the Fourth Stage of Labor
1. Vital signs
  2. Watch for uterine atony
  3. Observation of lochia
  4. Observation of distended bladder
- I. Management of puerperium
1. Vital signs
  2. Physical assessment
  3. Breast care
  4. Measurement of fundal height
  5. Observation of lochia (color, odor, amount)

6. Care of perennial wound
7. Elimination of bowel and bladder
8. Inspection of lower extremities for edema, varicosities, milk leg
9. Ambulation
10. Family planning counseling
11. Health instructions
12. Post partum check up

Course Name : **CP-101 – B (CLINICAL PRACTICUM 101 – B)**

Course Description : The course is a continuation of CP 100-A. It enables the students to proceed to the clinical areas in order for them to complete their experiences and course requirements.

Course Objectives : At the end of the summer class, the students will have intensified the necessary competencies in the care and management of mothers and babies, at the same time, accomplished the case requirements.

Course Credits : 1 units

Contact Hours : 51 hours

Pre-requisites : CP-100-A

Learning Focus : LF under CP 101-A

Course Name : **M 102 (PATHOLOGICAL OBSTETRICS, BASIC FAMILY PLANNING AND CARE OF INFANTS)**

Course Description : This course deals with the concepts of complications of pregnancy, labor and delivery, its causes and management, care of infants and children includes integrated management of childhood diseases, and basic family planning.

Course Objectives : To develop KSA in identifying patients with complications of pregnancy, labor and delivery, care of growing infants, implementation of IMCI program, and family planning counseling.

Specific Objectives:

- To recognize deviations from normal
- To identify cases of bleeding during the various stages of pregnancy
- To define characteristics of abnormal labor

- To develop skills in assessing patients with danger signs
- To recognize family planning concepts and methods
- To acquire the skills to counsel/motivate family planning clients
- To identify the different theories of growth and development
- To enumerate the different stages of growth and development
- To recognize the different characteristics of the different stages of growth and development
- To identify the needs during the different stages of growth and development
- To identify the health problems of a sick young child
- To assess sick young child with problems

Course Credits : 3 units

Contact Hours : 3 hrs/wk lecture

Pre-requisites : Physiological Obstetrics, Human Anatomy and Physiology

Course Outline :

- I. Complications of Pregnancy
  - A. First Trimester
    1. Hyperemesis gravidarum
    2. H-mole
    3. Abortion
    4. Ectopic Pregnancy
    5. Incompetent cervix
  - B. Second Trimester
    1. Abruptio Placenta
    2. Placenta Previa
    3. Toxemia of Pregnancy
    4. Hypertensive vascular Disease
  - C. Third Trimester
- II. Diseases Affecting Pregnancy
  - A. Diabetes Mellitus
  - B. Heart Diseases
  - C. Renal Disorders
  - D. Common Infections
    1. Rubella
    2. Influenza
    3. Tuberculosis
    4. STD
- III. Complication during Labor and Delivery
  - A. Powers

1. Dystocia
  2. Precipitate Labor
  3. Ruptured placenta
  4. Dysfunctional uterine contraction
- B. Passageway
1. Cephalopelvic disproportion
- C. Passenger
1. Prolapse cord
  2. Cord coil
  3. Multiple Pregnancy
  4. Abnormal presentation
- IV. Responsible Parenthood and Family Planning
- A. Population Situation of the
1. World
  2. Philippines
- B. Laws and legislations Related to FP
1. P.D. 965
  2. P.D. 79
  3. P.D. 233
  4. P.D. 6365
  5. P.D. 69
  6. P.D. 148
  7. LOI 47
- C. Roles and Functions of the Midwife
1. Motivator/ Counselor
  2. Service Provider
  3. FP Manager
- D. History of Family Planning in the Philippines
- E. Responsible Parenthood
1. Human Sexuality
    - a. Biophysical profile
    - b. Psycho-physiological
    - c. Socio-cultural
  2. Benefits of Family planning
    - a. Mother
    - b. Father
    - c. Children
- F. Client Health Assessment
1. Importance
  2. When to conduct Health Assessment
  3. Components of Health Assessment
- G. Counseling
1. Importance of Counseling
  2. Principles of Counseling
  3. Components of Counseling
  4. Steps in Counseling
  5. Skills in Counseling
  6. Effective Counseling

H. Factors Affecting Couples Acceptance and Non-Acceptance of FP

I. Methods of Family Planning

1. Natural
2. Hormonal
3. Barrier
4. Permanent

J. Current Trends in Family Planning

V. Care of Infants

A. Principles of Growth and Development

B. Factors Influencing Growth and Development

C. Theories of Growth and Development

1. Freud
2. Erickson
3. Piaget

D. Stages of Growth and Development

1. Fetal or Embryonic
2. Neonate
  - a. Immediate care
  - b. Characteristics of newborn
  - c. Appearance of newborn
  - d. Continuing care of the newborn
3. Infancy
  - a. Infant profile
  - b. Development task
  - c. Nutrition
  - d. Special needs/problems

Integrated Management of Childhood Illness (IMCI)

A. Case Management Process

1. Assessment of Sick Children
  - a. History Taking
  - b. Checking of danger Signs
  - c. Checking main symptoms
  - d. Checking nutritional status
  - e. Checking Immunization status
  - f. Assessing other problem
2. Treatment procedure for sick children
  - a. Referral of children age 2 mos. – 5 years
  - b. Treatment for out patient clinic
3. Treatment procedure for sick children
4. Follow-up Care

The very sick young infant

- A. Checking main symptoms
  1. Bacterial infection
  2. Feeding Problems/low weight
- B. Checking Immunization Status
- C. Assessing Other Problems
- D. Treatment Procedure

- E. Referral
  - F. Counseling
  - G. Follow-up Care
- Laboratory & Equipment : Pregnant Model, newborn model, pelvic model, immunization tray, newborn tray
- Texts & References : IMCI Manual for Faculty, Myles Textbook for midwives, Nursing Care of the Growing family, Adelle Pillitteri, Family Planning Manual by APSOM, Williams Obstetrics

Course Name : **CP 102 – A (CLINICAL PRACTICUM 102-A)**

Course Description : This course deals with the important skills in identifying complications of pregnancy, labor and delivery including integrated management of childhood diseases, and basic family planning.

Course Objectives : To develop the students' competencies in identifying patients with complications during pregnancy, labor and delivery, and in implementing IMCI program and basic family planning.

Course Credits : 6 units

Contact Hours : 6 x 51/hr = 306 hours

Pre-requisites : M-101-B

Learning Focus :

**A. Complications of Pregnancy**

1. First semester

Hyperemesis gravidarum

H-mole

Abortion

Ectopic Pregnancy

Incompetent cervix

2. Second semester

a. Abruptio Placenta

b. Placenta Previa

c. Toxemia of Pregnancy

d. Hypertensive vascular disease

**B. Identify Diseases Affecting Pregnancy**

1. Diabetes Mellitus

2. Heart Diseases

3. Renal Disorder

4. Common Infections

a. Rubella

b. Influenza

c. Tuberculosis

d. STD

- C. Complications During Labor and Delivery
  - 1. Powers
    - a. Dystocia
    - b. Precipitate Labor
    - c. Ruptured Placenta
    - d. Dysfunctional uterine contraction
  - 2. Passageway
    - a. Cephalopelvic disproportional
  - 3. Passenger
    - a. Prolapse cord
    - b. Cord Oil
    - c. Multiple pregnancy
    - d. Abnormal presentation
- D. Counseling
  - 1. Responsible parenthood and family planning
  - 2. Human Sexuality
  - 3. Benefits of Family Planning
  - 4. Methods of Family Planning
- E. Care of infants
  - 1. Neonate
  - 2. Infant
  - 3. IMCI

Course Name : **CP-102 – B (CLINICAL PRACTICUM 102 – B)**

Course Description : The course is a continuation of CP 102-A. It enables the students to proceed to the clinical areas for completion of experiences and case requirements.

Course Objectives : At the end of the semester, the students will have acquired the necessary competencies in the care and management of mothers and babies and accomplish case requirements.

Course Credits : 7 units

Contact Hours : 7 x 51/hr = 357 hours

Pre-requisites : CP 102-A

Course Name : **M103 (PROFESSIONAL GROWTH AND DEVELOPMENT)**

Course Description : The course deals with aspects of Midwifery Practice. It includes midwifery ethics, professional growth, career development, current trends and issues including related laws affecting health care and midwifery practice and principles of bioethics.



Course Objectives : At the end of the course, the student:

1. Identifies terminologies relevant to the topic.
2. Recognized the importance of moral, ethical and legal principles in the practice of midwifery.
3. Applies the different moral, ethical and legal principles.

Course Credits : 3 units

Contact Hours : 3hrs/week lecture

Pre-requisites : M-100 – M-102

Course Outline :

- I. Brief History of Midwifery
  - A. World
  - B. Philippines
- II. Fundamentals of ethics
  - A. Importance of Ethics to the Profession
  - B. The code of Ethics for Midwives
  - C. Guiding Principles in the Practice of Midwifery
  - D. Principles of Bioethics & Application
  - E. Ethical Issues Related to
    1. Birth
    2. Death
    3. Patient's Right
- III. Personality Development
  - A. Personality
  - B. Grooming
  - C. Uniform
  - D. Health
  - E. Voice
  - F. Poise
  - G. Conduct
  - H. Manners
  - I. Ethical Behavior
- IV. The Midwifery Profession
  - A. Sphere of Midwifery Practice in the Philippines
  - B. Skills and Abilities of Professional Midwife
  - C. Qualifications of Applicants for Licensure
  - D. The Midwifery Licensure Exam
- V. The Law and Society
  - A. Importance of Law to Society
  - B. Legal Rights and Responsibilities
    1. Rights of the Midwife
    2. Professional Negligence
    3. Situations and Circumstances with Legal Implications
      - a. Registration of Births

- b. Hospital records as Evidence
    - c. Privilege Comm.
    - d. Charting
    - e. Incident Report
  - C. Criminal Liabilities
    - 1. Felony
    - 2. Crimes Against Persons
    - 3. Crimes Against Property
    - 4. Crimes Against Chastity
    - 5. Crimes Against Civil Status of the Person
    - 6. Crimes Against Public Interest
  - D. Kinds of Felony According to Degree and Attainment of Objectives
    - 1. Attempted Felony
    - 2. Frustrated Felony
    - 3. Consummated Felony
  - E. Classification of Felonies According to Degree of Punishment attached to it
    - 1. Grave Felony
    - 2. Less Grave Felony
    - 3. Light Felony
  - F. Circumstances Which Affect Criminal Liabilities
    - 1. Justifying Circumstances
    - 2. Exempted Circumstances
    - 3. Mitigating Circumstances
    - 4. Aggravating Circumstances
    - 5. Alternative Circumstances
  - G. Doctrines Which Determine the Liabilities for Damage due to Negligence
    - 1. Res Ipsa Loquitor
    - 2. Respondent Superior
    - 3. Force majeure
- VI. The Civil Code of the Philippines
  - A. Family Code
  - B. Contract
    - 1. Requisites of Contract
    - 2. Kinds of Contract
    - 3. Persons Who May Enter Into a Contract
  - C. Will
    - 1. Persons Involved in Making a Will
    - 2. Persons Qualified to make a Will
- VII. Professional Adjustment
  - A. Adjustment in Job Opportunities
  - B. Steps in Seeking Employment
  - C. Extra Professional Adjustment
- VIII. Current Development Affecting Practice in Midwifery
  - A. Magna Carta of Public Health Workers
  - B. Population Control
  - C. CHED Policy on Midwifery Education

- D. Labor Law
- E. CPE for Midwives
- F. Other Trends and Issues

Texts & References : Sanchez, P. Loarca, J. The Midwife, The Law And Ethics  
 Venzon, Lydia M. Nursing Practice I the Phils.  
 Edge, Raymond S., John Randall Grooves, PHd., Ethics of Health Care – A Guide For Clinical Practice, 2<sup>nd</sup> Edition, 1999  
 Ciabal, Laura Evelyn, Health Ethics Allied Professionals, 1<sup>st</sup> Edition, 2001  
 Paunil-Ciabal, Laura Evelyn, Ethics for Health Professionals  
 Timbereza, Florentino T., Bio-Ethics and Moral Decision, 1993

Course Name : **PRIMARY HEALTH CARE I**

Course Description : Concepts and principles in the provision of basic services of health promotion/maintenance and disease prevention at the individual and family level.

Course Objectives : At the end of the course, the student will demonstrate beginning skills in providing basic health care in terms of health promotion, maintenance and disease prevention at the individual and family level guided by the health care process.

Course Credits : 4 units

Contact Hours : 34 hrs/week lecture

Pre-requisites : None

Course Outline :

- I. Concepts of Health and Illness
  - a. Definition of health, illness and wellness
  - b. Dimensions of health/wellness
  - c. Different Models of Health
  - d. Levels of Prevention
- II. Health as a Multifactorial Phenomenon
  - a. Factors affecting Health
- III. The Philippine Health Care Delivery System
  - a. The National Health Situation
  - b. Components of the Phil. Health Care Delivery System
  - c. Goals and Objectives
  - d. Organizational Structure
  - e. Levels of Health Care Facilities
  - f. Two-way Referral System
  - g. Multi-Sectoral Approach to Health

- h. The National Health Plan
- IV. Primary Health Care
  - a. Definition, Rationale and Goals
  - b. Principle of PHC
  - c. Strategies of PHC
  - d. Elements (Essential Services) of PHC
- V. Care Enhancement Qualities
  - a. Caring Behavior (Curative Elements)
- VI. Health Care Process as Applied to the Family
  - a. Assessment (Family Health Problems)
  - b. Planning (Family Health Care Plan)
  - c. Intervention (Family Health Care Strategies)
  - d. Evaluation

Texts & References : Salvacion G. Bailon Reyes, Community Health Nursing – The Basic of Practice, 2006

Erlinda Castro Palagnas, Health Care Practice In The Community, 2003

Araceli S. Maglaya, Nursing Practice in the Community, 2003

DOH, Community Health Nursing Services in the Philippines, 2000

Course Name : **CP PHC-I (CLINICAL PRACTICUM PRIMARY HEALTH CARE – I)**

Course Description : This course deals with the important skills in providing basic health services for health promotion and disease prevention at individual and family levels.

Course Objectives : At the end of the semester, the students will have developed the needed competencies in the provision of basic health services for health promotion and disease prevention at the individual and family levels.

Course Credits : 3 units

Contact Hours : 3 x 51/hr = 153 hours

Pre-requisites : None

Learning Focus :

- A. Community Health Process
  - 1. Assessment (Family Health Problems)
    - a. Community Survey
    - b. Family Survey
      - i. Identification of health Problems
  - 2. Planning
    - a. Family Health Care Plan

- 3. Intervention
  - a. Family Health Care Strategies
- 4. Evaluation
- B. Mission/Vision philosophy, organization, physical set-up SOP's and schedule of activities of the RHU/BHS
- C. Clinic Activities
  - 1. Assisting in prenatal/postnatal check up
  - 2. Immunization
  - 3. Under 5 clinic activities
  - 4. IMCI
  - 5. Mothers class
- D. Home Visit
  - 1. Bag technique
  - 2. Antepartum Home Visit
  - 3. Postpartum Home Visit
  - 4. Neo/Infant
  - 5. Domiciliary Obstetrical Service
- E. Planning (Family Health Care Plan)
- F. Intervention (Family Health Care Strategies)
- G. Evaluation

Course Name : **PRIMARY HEALTH CARE II**

Course Description : Concepts and principles in the provision of basic health care in terms of health promotion/maintenance and disease prevention at the community level. This course shall focus on the in-depth discussion of the principles, approaches, strategies, and process to community health development. This will also equip the students with the principles and strategies of Community Organizing Participatory Action Research (COPAR) model.

Course Objectives : At the end of the course, the students will demonstrate skills in the provision of basic health care in terms of health promotion/maintenance and disease prevention at the community level guided by the COPAR Model.

Course Credits : 3 units

Contact Hours : 3 hrs lecture/week

Pre-requisites : Primary Health Care I

Course Outline :

- I. Health Community
  - a. Definition of community, characteristics and classification
  - b. Components of a community
  - c. Concepts of a healthy community
  - d. Elements of a healthy community
  - e. Factors that affect community health
  - f. Effects of a healthy community

- II. Health Statistics and Epidemiology
  - a. Health Statistics
  - b. Health indicators, implications
  - c. Epidemiology
- III. Community Health Care Development Process
  - a. Approaches to community development
  - b. HRDP-COPAR Model as a strategy for community development
  - c. Phases of COPAR
  - d. Critical Activities
  - e. Roles and activities in community health care development
- IV. Care Enhancement Qualities of health workers in community setting
  - a. The community health worker
  - b. Qualities of a health worker
  - c. Functions of a health worker
  - d. The community health worker as a health educator
  - e. Conflict Management
- V. Application of COPAR in Community Health care Process
  - a. The community health care process

Texts & References : Sr. Carmen Jimenez, Community Organizing Participatory Action Research, 2002

Erlinda Castro Palaganas, Health Care Practice in the Community, 2003

Araceli S. Maglaya, Nursing Practice in the Community, 2003

Course Name : **CP PHC-2 (CLINICAL PRACTICUM PRIMARY HEALTH CARE-II)**

Course Description : This course deals with the important skills in providing basic health services for health promotion and disease prevention at the community level and community organizing.

Course Objectives : At the end of the semester, the students will have developed the needed competencies in the provision of basic health services for health promotion and disease prevention at the community level including community organizing.

Course Credits : 2 units

Contact Hours : 2 x 51/hr = 102 Hours

Pre-requisites : PHC I and CP PHC 1

Learning Focus :

- A. COPAR
- B. The two-Way Referral System

- C. Multi-Sectoral Approach System
- D. Essential Services of PHC
  1. MCH
  2. Health Education
  3. Vital Health Statistics
  4. Immunization
  5. Prevention of Communicable diseases
  6. Epidemiology
- E. Curative Elements
- F. Health Care Process as Applied to Family